

Information For the User
Telmisartan 40mg + Chlorthalidone 6.25mg

Telbolife CH 6.25 Tablet

Brand Name: Telbolife CH 6.25 Tablet

Dosage Form: Tablet

Therapeutic Category: Antihypertensive Combination

Composition:

Each tablet contains:

- **Telmisartan I.P.** – 40 mg
- **Chlorthalidone I.P.** – 6.25 mg

Description:

Telbolife CH 6.25 Tablet is a fixed-dose combination of **Telmisartan**, an **angiotensin II receptor blocker (ARB)**, and **Chlorthalidone**, a **thiazide-like diuretic**. This combination is effective in the treatment of **hypertension** (high blood pressure).

- **Telmisartan** helps relax blood vessels by blocking the action of **angiotensin II**, leading to a decrease in blood pressure.
- **Chlorthalidone** works by increasing the excretion of **sodium and water**, which helps reduce blood pressure by reducing fluid volume.

Indications:

- **Essential Hypertension:** For the treatment of **high blood pressure**.
- **Chronic Heart Failure:** For use in specific cases of heart failure, as part of the treatment strategy.

Dosage and Administration:

- **Recommended Dose:** 1 tablet once daily.
- **Administration:** Can be taken with or without food. It is recommended to take it at the same time each day for better compliance.
- **Dose Adjustment:** The dosage can be adjusted based on the individual's clinical response and tolerance.
- **Switching Medications:** If switching from monotherapy to this combination, blood pressure should be monitored closely.

Contraindications:

- **Hypersensitivity** to **Telmisartan**, **Chlorthalidone**, or any of the components of the formulation.
- **Severe renal impairment** or **anuria**.
- **Hypotension** (low blood pressure) or **shock**.
- **Pregnancy** and **breastfeeding**.

Precautions:

- **Renal Function:** Patients with impaired renal function should use this medication with caution and undergo regular monitoring of renal function.
- **Electrolyte Imbalances:** Routine monitoring of **potassium** and **sodium** levels is recommended, as diuretics can cause electrolyte disturbances.
- **Volume Depletion:** Caution is advised in patients with **dehydration, diarrhea, or vomiting.**
- **Liver Disease:** Exercise caution in patients with **hepatic dysfunction.**

Adverse Effects:

- **Common Side Effects:** Dizziness, headache, nausea, weakness, and fatigue.
- **Serious Adverse Effects:** Hypotension, electrolyte imbalances (especially hypokalemia), kidney dysfunction, and hyperglycemia.
- **Other Effects:** Cough, abdominal discomfort, and constipation.

Storage:

- Store below **25°C** in a cool, dry place.
- Keep away from moisture and direct sunlight.
- Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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Panchkula-134113

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